

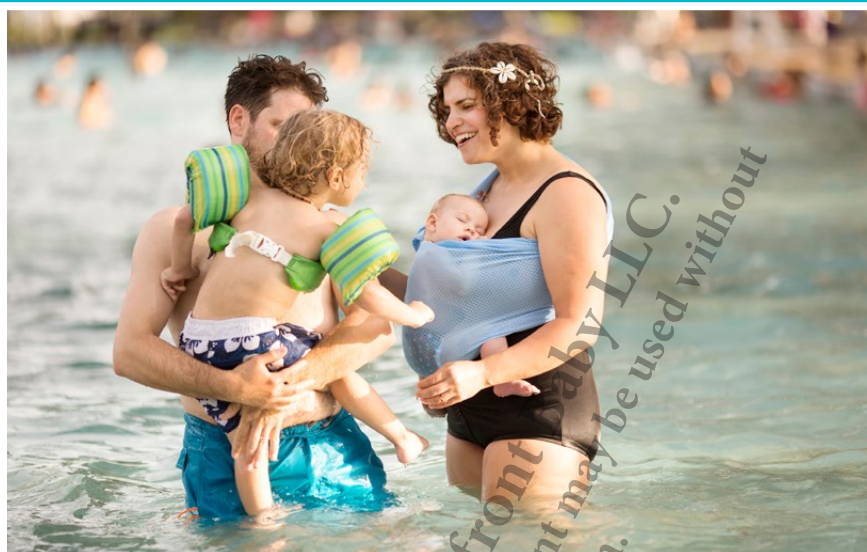
Beachfront Baby[®] SLINGS



Beachfront Baby Slings Instructions Guide

Fashionable Water Baby Carriers |
www.BeachfrontBabyWraps.com



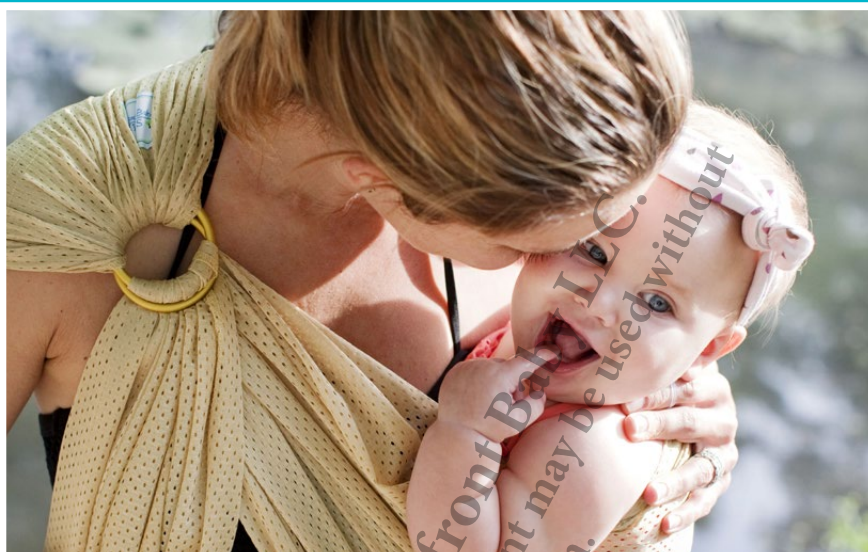


Thank you for purchasing a Beachfront Baby Sling®!

This ring sling is made with 100% polyester jersey fabric and SlingRings™ brand aluminum rings. Sewn by work-at-home-moms in the San Antonio, Texas area, much love and attention to detail has gone into creating this sling. Beachfront Baby Slings hold babies and toddlers from 8lbs to 30lbs in a variety of positions. This instruction booklet will show you how.

Before you begin:

- Inspect your sling's seams at the shoulder where the rings are sewn on to ensure there is no separation, rips or tears. **DO THIS BEFORE YOU USE YOUR SLING EACH TIME.** If you notice any problems that need repair, **DO NOT** use your sling.
- Make sure your baby is changed, fed & content when you begin using your sling, especially the first few times. A content baby is a lot more likely to allow you some wiggle room in getting a good and comfortable fit.
- Follow the instructions for threading your sling first. It is recommended to unthread your sling after use, before washing, and before storing.
- To wash your sling, unthread it and place in a lingerie bag or put a small sock over the rings. Machine wash in warm water without bleach. Tumble dry on low or hang to dry. Do not iron. Fold your carrier or hang by the rings and store in a dry place when not in use.



Important Water Safety Information

When entering any water environment with your baby, please keep these safety rules in mind:

- When holding or wearing your baby, never attempt to enter water with a strong current, steep slope, slippery bottom or where you cannot see the bottom. The carrier is not intended for use while swimming, only while wading in shallow water where the water is no higher than your baby's waist while both your feet are flat on the bottom.
- Always keep baby's face **Visible & Kissable™** when being worn in a baby carrier, but especially in a water carrier. You will be better able to judge if baby is enjoying the water as well as how much water is in his face or near his mouth.
- Baby carriers are not appropriate for wearing in a boat. If you were to fall into the water, you would not be able to keep baby's head above the water if he or she were in the carrier. Please choose a flotation device designed for babies and toddlers.

Even with all the water safety rules, taking your baby in the water is a great experience for you both. Remember that your baby spent 9 months in a watery environment so giving him the opportunity to be immersed in water again is often pleasing and comforting. Playing in water together is a wonderful way to bond with your baby so grab a towel and your baby and head to the water!

Visible & Kissable is a trademark of BCIA, registered in the U.S.

IMPORTANT: KEEP FOR FUTURE REFERENCE



WARNING Failure to follow the manufacturer's instructions can result in death or serious injury.

Read and follow all printed instructions before use. Check for ripped seams, torn straps or fabric, and damaged hardware before each use. If found, stop using the carrier.

- Ensure that the baby is safely and securely positioned in the sling carrier according to the manufacturer's instructions for use.
- Always check to ensure that all knots, buckles, snaps, straps, and adjustments are secure.
- Check on the baby often. Ensure that the baby is periodically repositioned.
- Never leave a baby in a sling carrier that is not being worn.
- Never use a sling carrier when balance or mobility is impaired because of exercise, drowsiness, or medical conditions.
- Never place more than one baby in the sling carrier.
- Never use/ wear more than one carrier at a time.
- Never use sling carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- Never wear a sling carrier while driving or being a passenger in a motor vehicle, including a boat. Please use proper equipment including a car seat in a car and a personal floatation device made for babies and small children in a boat.

SUFFOCATION HAZARD

- Babies younger than 4 months can suffocate in this product if face is pressed tightly against your body. Babies at greatest risk of suffocation include those born prematurely and those with respiratory problems.
- Check often to make sure the baby's face is uncovered, clearly visible, and away from the caregiver's body at all times.
- Make sure the baby does not curl into a position with the chin resting on or near the baby's chest. This position can interfere with breathing, even when nothing is covering nose or mouth.

- If you nurse your baby in carrier, always reposition after feeding so baby's face is not pressed against your body.
- Never use this carrier with babies smaller than 8 pounds without seeking the advice of a health care professional.

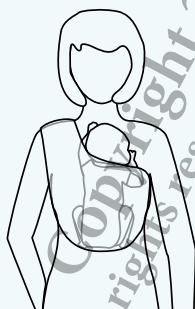
FALL HAZARD

- Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving.

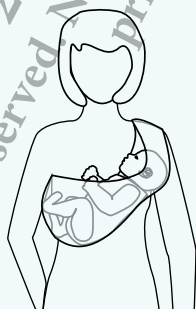
CARING FOR YOUR CARRIER

- Machine wash warm.
- Do not use bleach.
- Tumble dry low or hang to dry.
- Do not iron.
- Fold your carrier or hang by the rings and store in a dry place when not in use.

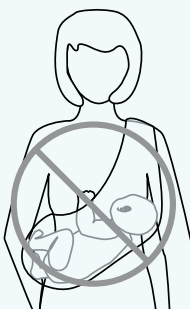
USING YOUR SLING



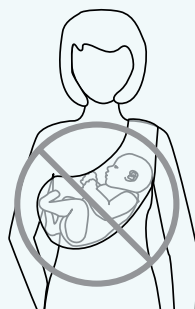
Correct:
Upright (optimal)
Chin up; face visible
Nose and mouth free



Correct:
Reclined
Chin up; face visible
Nose and mouth free



Incorrect:
Baby's face covered
and pressed tight
against wearer



Incorrect:
Baby is hunched with
chin touching chest;
face covered

Part 1: Threading your sling

1



Find the ends of the sling and hold the end with the rings in one hand, with the white safety tag facing up, and the tail end in the opposite hand.

2



Gather together the tail end until it is small enough to fit through the rings and put the tail end of the sling through both rings. Keep pulling until the tail length is equal to the length of the folded body of the sling.

3



Separate the rings with your fingers. Thread the tail end of the sling through the bottom ring only.



4



Pull the tail through the ring until there is about 6 inches of folded fabric remaining between the rings forming a bubble of fabric. Spread the fabric bubble out so that it is gathered through the rings, with no folds of fabric and ensure it is not twisted.

5



Grab the tail & lower body of the sling in one hand and the upper body of the sling in the other hand and pull tight. The bubble should disappear and the fabric should be evenly spread through the rings.

6



A perfectly threaded sling! Now you are ready to wear it!

Part 2: Putting on your sling

1



Decide which shoulder you want to bear your child's weight on. Start with the sling on the opposite side. The tail should be in the front and the Beachfront Baby tag should be right side up.

2



Put your arm through the sling and over your head, so it creates a sash across your body from shoulder to hip. The rings and the Beachfront Baby logo should be on the front of your body.

3



Place the rings on your shoulder. You want them to end up in "corsage position" so start them higher to allow for shifting down as you settle your child in the sling.



4



Open up the pouch of fabric, with the inner rail on the bottom and the outer rail on top.

5



Bring the inner/bottom rail up to line it up with the outer/top rail, folding the body of the sling in half. This creates a pouch for your child to sit in.

TIP:

To ensure that the fabric is not twisted on your back, grab the top edge closest to your ear by the rings with one hand and behind your shoulder with the other and gently move as if you were drying your back. The fabric should move easily and not be tangled.

Part 3: Wearing your baby in the Heart-to-Heart Hold

(Newborn to 30lbs)



Put your sling on with the rings high on your shoulder and hold baby on your shoulder like you are going to burp her.



Open the pocket you created and pull the top rail of fabric up and over her back and the bottom rail to the backs of her knees.



Slowly settle baby's bottom into the pouch of the pocket. With one hand on baby's bottom, gently lift her, then with the other hand grab the tail of the sling and pull through the rings to tighten. First, pull out then pull down on the entire tail.

SAFETY TIP:

While putting baby in the sling and adjusting, always keep one hand on baby for support until she is completely seated and the sling is tightened.



4



Keep supporting baby's body while tightening the sling, a little at a time. Pulling the inner edge of the tail out then down, will tighten the top rail supporting her back. Pulling the center of the tail out then down will tighten the center of the sling against her midsection. Pulling the outer edge of the tail out...

5



...then down will tighten the bottom rail supporting her bottom. Continue adjusting and tightening as needed for a secure fit. Baby's body should be snug up against yours. If she starts to slump during wearing, adjust and tighten the rails of your sling again to keep her snug.

6



Spread the shoulder fabric out so it cups your shoulder and is spread evenly across your back.

Part 3: Wearing your baby in the Heart-to-Heart Hold, Continued



Your rings should be in “coursage position” and the top rail of your sling should support the back of baby’s head & neck. Baby should be visible & kissable™ at all times. Her nose should not be pressed up against your body or the sling.



To create additional head & neck support for your baby, twist the tail of the sling over and across baby’s back.



Pull the top rail of the sling up and place the rolled tail just under the top.

10



Fold/roll the top of the rail down and over the rolled tail and roll a bit until the rolled tail stays in place.

11



You will end up with a short piece of the tail left at the end.

12



Tuck this tail piece down into the body of the sling next to baby. Ensure it is fully tucked and nowhere near your baby's face.

13



This rolled fabric creates head & neck support for young babies. If your baby does not need the extra support, you can also wrap the tail's fabric around the rings and tuck the additional into the body of the sling next to your baby, or you can just let it drape normally.

Part 4: Transitioning to Breastfeeding in the Cradle Hold

1



Begin by supporting your baby with one hand and loosening the rings of your sling with the other hand. Grab the top ring and lift up.

2



Lift baby up to your shoulder & pull the top rail of the sling down around her mid-back. Her head will go opposite the rings.

3



Leaning forward slightly, begin turning your baby into the cradle position. Support her with your hands the whole time & go slowly.

SAFETY TIP:

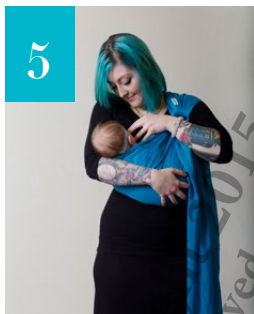
When baby is finished nursing, move her back into the heart-to-heart hold by reversing the steps used to get her into the cradle hold. This is very important in order to ensure she does not fall asleep with her face pressed into your body. Her body should also not be allowed to curl into a position with her chin touching her chest, as young babies cannot breathe well in this position.

4



Pull the top rail of the sling up as you slide her down into a cradle carry position. At this point, her legs can either remain inside the sling or push out the side with the rings.

5



Once she is in position, latch her on. Adjust the tension of the body of the sling as needed to make sure baby is snug and you are both comfortable.

6



Pull the top rail of the sling up behind her head to create head & neck support. Remember to keep her face in view at all times and never cover her face with the fabric.

Part 5: Wearing your older baby in the Hip Hold (4 months +)



Put on the sling as directed in **Part 2**.



Pick up your baby & hold her up high on your shoulder.



Hold her body with one arm while you pull the sling body out and place her legs through.

SAFETY TIP:

While putting baby in the sling and adjusting, always keep one hand on baby for support until she is completely seated and the sling is tightened.



4



Grab the top & bottom rails and open the pocket you created. The top rail should go up high on her shoulders and the bottom rail should go to the backs of her knees.

5



Lean forward slightly and grab the bottom rail between her legs. Pull the bottom rail to the backs of her knees and settle her into a deep seated pocket.

6



Once she is settled, begin tightening the sling rails. With one hand on baby's bottom, gently lift her while tightening the sling, a little at a time. Pull the entire tail out...

Part 5: Wearing your older baby in the Hip Hold *(4 months +)*



... then down to give a good all-around tightness, while supporting baby with one arm. Pull the middle portion of the tail out then down to tighten the middle body of the sling supporting baby's bottom and back.



Pull the top rail of the sling up to baby's neck for full support. Make small adjustments as needed. Pulling down on the outer edge of the tail will tighten the bottom rail supporting baby's legs. Pulling the inner edge of the tail out then down will tighten the top rail supporting her back.



Baby's knees should be higher than her bottom and her back should be well-supported. The fabric of the sling should be spread over your back and not twisted.

Part 6: Taking Baby out of the sling

1



Start by loosening the sling. Support baby with one hand and grab the top ring with your other hand.

2



Pull up on the top ring to loosen the fabric.

3



Support baby's bottom, grab her under the arms, and pull the sling fabric down off her back. Slide the sling off your shoulder at this point or set baby down and remove the sling over your head.

Beachfront Baby Sling FAQ's

Q: Can I breastfeed my baby in this sling?

A: Yes! Please follow the photo tutorial for placing your baby in the cradle hold for breastfeeding. Once your baby is finished, make sure to move him back into the heart-to-heart hold for his safety

Q: Do Beachfront Baby Slings contain SPF/UV protection?

A: No. The only UV protection is what the layer of fabric affords. We have looked into the processes for adding UV protection to the fabric & do not trust the chemicals used in additives. The processes that weave into the fabric are cost prohibitive at this time. Please protect your baby with a non-toxic sunscreen, clothing and a hat. Keep out of direct sun as much as possible during the middle of the day and make sure you have a shady place to rest with your baby.

Q: What size person does the Beachfront Baby Sling fit?

A: The one size sling fits most adults. Ring slings allow for a lot of adjustability and can fit different size parents who share the sling. The tail will be longer on smaller parents and shorter on larger parents. XL slings are available for those who normally wear an XL or 2XL shirt. Petite slings best fit those who wear an XS or SM size shirt.

Q: What size/age babies can be worn in a Beachfront baby Sling?

A: Babies can be worn from 8lbs up to 30lbs. The fabric will support babies and toddlers heavier than this, but it will not be as comfortable for the wearer.

Q: How do I shower with my baby in a Beachfront Baby Sling?

A: Start by undressing yourself and putting the sling on. Undress baby & put him in the sling in the heart-to-heart position and carefully step into the shower. Keep an eye on baby's face to ensure the spray isn't hitting him in the face & that he is enjoying the water. To wash your hair, turn your back to the water & tilt your head back to allow the water to run down your back. Turn so that the spray is on baby's back while you shampoo your hair with your head tilted back. (Most mothers have found that switching to a non-toxic, gentle shampoo that they would use on their

TIP:

To breastfeed an older baby or toddler in the sling, simply loosen the tail through the rings to slide baby down into position. Be sure to move her back up high and close enough to kiss after she is finished.



baby is the perfect way to get both themselves and baby clean.) Turn again so that your back is to the spray and tilt your head back to let the shampoo rinse down your back. To wash your body & baby's body, you can soap up right through the Beachfront Baby Sling. Again, choosing a soap that is gentle enough for baby makes it easy to get both of you clean without worrying about using a harsh product on baby unintentionally. As you turn to rinse all parts, keep an eye on baby's face to make sure the spray isn't hitting him in the face in any position. Shaving is best left until you are alone in the shower, as babies have quick hands and can grab things even at a young age! At this point, if someone is home for you to hand baby off to, you can loosen the sling at the rings and lift baby up and out of the sling and hand him to your helper waiting with a towel. If no one is there to help, you can turn off the water and wrap a big towel or robe around both of you in the sling. Be extra careful when exiting the shower while still wearing your baby to prevent slipping and falling. Once you are out of the shower, you can have a towel ready to lay baby on & follow the above instructions for taking baby out of the carrier. Then you can take off your sling and hang it to dry.

Beachfront Baby Carriers are not an appropriate restraint for riding in any vehicle, including a boat. Please use proper equipment including a car seat in a car & a personal floatation device made for babies & small children in a boat. Don't do anything with your baby in the carrier that you wouldn't do with him/her in your arms. This includes, but is not limited to: diving off the diving board, scuba diving, riding a jet ski, going down a water slide, water skiing, flipping into the water or any other dangerous water activities you can think of.



What is “Babywearing”?

We are often asked the question “What is babywearing?”

Babywearing is simply the art of keeping baby close to your body in a soft cloth carrier.

Why should we wear our babies?

Human babies are born without fully developed brains, much like a kangaroo joey. Their survival depends on their mother (or primary caregiver) because they are completely helpless. It takes 6-9 months for their brains to grow & develop to a state much like the young of other mammals at birth. This time, known as the 4th trimester, should be spent in a womb-like environment for proper development to occur.

What are the benefits of babywearing?

Babies who are carried in close contact with their primary caregiver cry an average of 40-50% less than babies who are not carried. Scientists and experienced parents know this is because babies feel more secure when they can smell, hear & feel all the familiar scents, sounds, touches & movements. This lowers babies stress level, and, as an added bonus, parents' stress levels as well! The less your baby cries, the less you feel stressed! Babies who are carried more also spend more time in the quiet/alert state, which is the ideal state for learning to occur. Instead of his energy going towards trying to get your attention, he can spend that energy learning about his world. Babywearing also encourages breastfeeding. Mothers who wear their babies tend to pick up on their hunger cues quicker and feed more frequently. Frequent breastfeeding is normal infant behavior and ensures a plentiful milk supply.



Does babywearing make sense in our modern world?

Mothers have worn their babies since the beginning of time, and many other cultures still naturally wear their babies. Our society has tried to teach us to go against our instincts and to distance ourselves from our babies at a young age to prevent spoiling our babies or being manipulated by them. Babies cannot be spoiled by love, but they can fail to thrive without enough physical contact. Wearing your baby ensures a strong connection, while allowing you to carry on with life on the go.

Is it safe?

Just like any practice that involves your baby, there are safe & unsafe ways to wear your baby. Certain carriers, called “bag slings,” have been known to be unsafe by design. Ring slings, pouch slings, mei tai carriers & wraps are perfectly safe babywearing carriers. No matter which carrier you choose, you should follow these safety precautions:

Baby should be close enough to kiss.

Baby should not be curled into a position with chin to chest.

Baby's face should not be covered with fabric or pressed into the wearer's body.

Happy Babywearing from the Beachfront Baby Team!

Keep baby close and secure with Beachfront Baby Carriers!

The perfect way to take baby in the water... in style.

In the pool | At the beach | In the shower | At the water park

One size fits most adults

100% polyester

Machine wash warm

Tumble dry

Complete use & care instructions included

Wear babies 8-30lbs in & out of the water!



Beachfront Baby[®]
Fashionable Water Baby Carriers